

PACKING LIST FOR YOUR ADVENTURE

With this packing list you will be ready to hit the road. Make sure you include the items from the box!

YOUR GEAR

- Protective clothing
- Hiking boots or sturdy sport shoes
- Day rucksack of about 20 liters
- A cap or hat as protection from the sun

FOODS AND DRINKS

- Water (about 1.5 liters per person, boiled water included)
- A lunch
- Garbage bags to take back your trash
- Thermos flask with boiled water
- Mugs or cups & spoons

OTHER

- Your wallet in case you want to buy something during the adventure
- A pen
- An adventurous spirit
- Sunscreen
- First aid kit

